

# Matcha tea scrub



## Ingredients

- 1 tablespoon of matcha tea powder
- 50g of coconut oil, a little liquid
- 150g of coconut blossom sugar
- A green tea bag (optional)

## Preparation

- Preparation time: 5 min.
- 1,2,3,4 persons

## Recipe

1. Mix coconut oil and matcha tea
2. Add the contents of your green tea bag and mix well
3. Gradually add the sugar while stirring, until a scrub paste is not too oily and forms well between the fingers